



Camila Echandia

Mental Health Counseling Intern

License #21334

Camila is a Registered Mental Health Counseling Intern born in Colombia but raised in Miami. She is bilingual in English and Spanish. She received her M.S. in Clinical Mental Health Counseling at Nova Southeastern University. Additionally, she is a certified Integrative Nutrition Health Coach and earned her B.S. in Alternative Medicine which led to her special interest and knowledge in holistic health. Camila completed her internship experience working with adolescents and young adults struggling with adjustment issues, anger management, anxiety, depression, grief, and trauma.

Camila uses a holistic approach while working with each client to help them reach their individual objectives and achieve true wellness. She provides a safe and caring environment where she and the client can work as a team toward setting and accomplishing goals together. Camila implements a faith-based approach when appropriate and integrates the client's culture to gain a better understanding of the client and treat them based on their own values and beliefs. Additionally, she currently has a therapy dog in training which she looks forward to incorporating in her practice.

