



# Giselle Leibovitch, Ph.D.

Licensed Psychologist

License #PY5382

Dr. Giselle Leibovitch has been a practicing psychologist for over 15 years in Broward County, Florida. She attended the University of Miami for undergraduate studies, and received her doctoral degree in psychology from Nova University. During her training, she specialized in children's disorders and family counseling. Giselle lived in Buenos Aires, Argentina as a child and speaks Spanish fluently. She provides psychotherapy for children, adolescents, adults, couples and families. She treats a range of problem areas, including depression, anxiety, child behavior disorders, parent-child conflicts, relationship issues, self-esteem/identity issues, and life transitions.

Dr. Leibovitch treats children with emotional and behavioral problems. Parenting skills and behavior modification are often used, as well as play therapy. She works closely with parents to help them learn effective strategies to decrease conflict and create a positive family environment. Meanwhile, children are guided to change negative behaviors and achieve healthy self-esteem and relationships. Dr. Leibovitch's holistic approach works particularly well with many families who have children with ADD/ADHD. She also helps teenagers with peer relationships, identity issues and with family therapy helps parents and teens communicate more effectively and learn problem-solving strategies.

Dr. Leibovitch works equally effectively with adults through life transitions or specific problem areas to achieve their goals and emotional balance. She uses an interactive style and cognitive-behavioral strategies to help clients identify the source of their conflicts and feel empowered to make positive changes in their life. In addition to individual therapy, Dr. Leibovitch assists couples in resolving difficulties by improving communication skills and finding more positive ways of relating to each other.