



Sharon Minzer Bryant, LCSW, CST

Licensed Clinical Social Worker

License # SWL0002524

Certified Sex Therapist

Certified PAIRS Facilitator

With over 20 years of experience and training as a psychotherapist, sex therapist and relationship specialist, Sharon Minzer Bryant specializes in working with individuals and couples. Areas of expertise include intimacy and relationship issues and skills, infidelity issues, divorce recovery, sexual concerns, EAP, adjustment issues, life management and mood disorders.

Sharon's approach to counseling may be described as eclectic, using varied therapeutic approaches; cognitive behavioral, solution-focused and psychodynamic, depending on the needs of the client. She works closely with her clients to assist them in a supportive and nurturing manner to take the steps necessary toward living the life they desire and deserve. Sharon is supportive, patient, warm and compassionate and will help you to arrive at the goals you wish to accomplish.

Research shows that skill building coupled with active guidance and direction is effective in helping couples create a more loving, intimate and satisfying relationship. Sharon's therapeutic work with clients is based on the premise that we all have the ability to learn the skills and develop the emotional literacy to help us create and maintain successful relationships; with ourselves and the others in our lives.

EDUCATION

CUNY Hunter School of Social Work

Institute for Expressive Analysis

NYU Doctoral Program in Sex Education, Therapy and Counseling

CERTIFICATIONS

ABS Board of Certified Sex Therapists

Diplomat, American Board of Sexology

PAIRS- Practical Applications of Intimate Relationship Skills

RECOMMENDED READING

The 7 Principles for Making Marriage Work

The Relationship Cure

Please Understand Me

The Five Love Languages

Hold Me Tight

Love and Respect

John Gottman

John Gottman

David Keirse

Gary Chapman

Sue Johnson

Emmerson Eggerichs

Divorce Busting
The Passionate Marriage
Not just Friends
After the Affair
How Can I Forgive You?

Michele Weiner Davis
David Schnarch
Shirley Glass
Janis A. Spring
Janis A. Spring

Professional Member of:

