



# Sheri L. Zatz, PH.D.

*Licensed Psychologist*

License #PY00003629



Sheri is a cognitive behavioral psychologist who specializes in the treatment of adult depression, anxiety and stress management. She also specializes in the treatment of women's issues including relationship challenges, child management and weight loss. Although Sheri primarily provides individual therapy, she also conducts a group for women working on weight loss and body image.

Sheri is a strong, experienced and solution focused therapist who actively collaborates with clients to alleviate symptoms and reach their potential. Her approach is both therapeutic and holistic, tailoring treatment to the individual. Sheri has over 25 years of clinical experience and strives to motivate, inspire and challenge her clients into achieving their personal best.

Other clinical experience includes:

- Inpatient and outpatient chemical dependency treatment
- Adolescent residential treatment
- Community mental health outpatient psychotherapy

Dr. Zatz is a Professional Member of

 AMERICAN PSYCHOLOGICAL ASSOCIATION