



Laura B. Kaplan, L.M.H.C.

Licensed Mental Health Counselor

License #MH0003335

Laura is a Licensed Mental Health Counselor with over 20 years of professional experience. She works with individuals, couples and families with specialty areas including issues of adolescence, sexual orientation, relationship dynamics, stress management and parenting skills. Laura earned the Bachelor of Science degree in Psychology at the University of Florida and went on to earn a Master's of Science degree in Clinical/Counseling Psychology from Valdosta State University (Georgia) in 1988. Her first several years of professional experience included positions in two separate psychiatric hospitals and a substance abuse treatment center where she provided assessment, treatment and aftercare services to each population. Most of her work during this time was with the adolescent populations and their families.

Laura began her work as a private practitioner in the mid-1990's and has worked with a broad spectrum of clients since that time. She uses an interactive, solution-focused approach to provide support and practical feedback that helps clients effectively address personal life challenges. Her therapy integrates a variety of methodologies to provide a highly personalized approach tailored to each client. Building on strengths, Laura helps her clients to expand their coping skills and attain the personal growth they are committed to accomplishing.



Professional Member of:

***Association for Gay, Lesbian and Bisexual
Issues in Counseling***